

STRENGTH & CONDITIONING SESSIONS

SPOTS ARE LIMITED REGISTER NOW!

**2017 SPRING
STRENGTH & CONDITIONING SESSIONS
TRUE LEGENDS FOUNDATION**

BOYS & GIRLS AGES 6-18

**INTENSE FITNESS TRAINING
IMPACTFUL STRENGTH & CONDITIONING
MOTIVATING SPEED & AGILITY
CONFIDENCE BUILDING & TEAM EMPOWERMENT
DYNAMIC QUICK TWITCH
PREPERATION FOR UPCOMING SEASON
PRIVATE TRAINING SESSIONS
LIVE MUSIC**

SUNDAY EVENINGS

**ADDRESS: 700 RANGER DR EULESS TX 76040
PLEASE CALL OR EMAIL TO CONFIRM SESSION TIME**

TO REGISTER GO TO WWW.TRUELEGENDSSPORTS.COM

DETAILS ON THE BACK

EMAIL: INFO@TRUELEGENDSSPORTS.COM

PHONE: 469-855-6102



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REGISTER ONLINE BY PROVIDING THE FOLLOWING DETAILS IN THE QUICK MESSAGE BOX ON THE HOMEPAGE OF WWW.TRUELEGENDSSPORTS.COM BEFORE CLICKING SEND

- **PLAYERS NAME**
- **AGE**
- **DATE OF BIRTH**



- **PARENT NAME**
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